**PHASE EIGHT – RE-EVALUATION**

Use at the beginning of the session following each reprocessing session.

**TREATMENT PLAN (GLOBAL)**

As soon as they sit down

***Tell me, what has changed for you since our last session regarding the work we are doing?***

Pause for response

***What changes have you noticed in response to the issue we have been working on?***

Pause for response - (Teach clients that the information that you want is:

***Any new insights? Any dreams? Changes in Behavior? Changes in your symptoms?***

so that you don’t have to ask each question each time.)

***When you think of (trauma domain being targeted) what changes do you notice now?***

**TREATMENT PLAN (TARGET SPECIFIC)**

***Now, as you think about the target that we focused on during our last session, what are you noticing?***

Pause for response - (Teach clients that the following is the information that you want so that you don’t have to ask all of the questions each time)

***What is your response to the experience we worked on now?***

***What has changed with the image?***

***Any new insights or thoughts? Any new connections?***

Check your work from the previous session:

FOR AN INCOMPLETE TARGET or TARGET AT 0:

***When you think of the target now, on a scale of 0 or neutral to 10 the highest disturbance you can imagine, how disturbing does it feel to you now?***

Collect SUDS \_\_\_\_\_\_

***Bring up the target we have been working on.***

***What is the image that represents the worst part of it as you think of it now?***

***What emotions are you experiencing now?***

***Where do you feel it in your body?***

***Follow my fingers.*** Add BLS

TO CHECK INSTALLATION OF POSITIVE COGNITION:

***As you bring up the target now, on a scale from 0 or neutral to 10 the highest disturbance you can imagine, how disturbing does it feel to you now?***

Collect the SUD ***\_\_\_\_\_*** When at 0:

***Hold together the target and the positive cognition ‘ I am …………………….’. Pause***

***On a scale of 1 completely false to 7 completely true, how true do the words ‘I am ………………….’ feel to you now ?***

Collect the VOC \_\_\_\_\_

***Notice that and follow my fingers.***

TO CHECK BODY SCAN:

***As you bring up the target now, on a scale from 0 or neutral to 10 the highest disturbance you can imagine, how disturbing does it feel to you now?***

Collect the SUD ***\_\_\_\_\_***

***Hold together the target and the positive cognition ‘ I am …………………….’. Pause***

***On a scale of 1 completely false to 7 completely true, how true do the words ‘I am ………………….’ feel to you now ?***

Collect the VOC \_\_\_\_\_ Once at 7

***Hold together the target and the positive cognition’ I am …………….’. Bring your attention to the different parts of your body, starting with of your head and working downward. Any place you find any tension, tightness or unusual sensation, tell me.***

Reprocess to Clear Body Scan