

AIP CASE CONCEPTUALIZATION WORKSHEET

CLIENT: _____

1. Presenting Issue(s)/Symptoms

2. What are the client's overall treatment goals? How would the client like to be thinking, feeling, behaving and relating to others differently?

3. Clinical Themes of Responsibility/Safety/Power:

4a. Past Experiences	Present Triggers	Future Templates
Child onset experiences:		

4b. Past Experiences	Present Triggers	Future Templates
Adult onset experiences:		

5. Existing Resources (Internal/External):

6. Preparation Focus/Stabilization Needs:

7. Symptom Reduction/Comprehensive Treatment Plan: Priorities and Considerations
